

Happy New Year!

Wow, how quickly our calendar pages have turned. I am grateful for all the opportunities that 2019 had to offer and I am excited to see what 2020 has in store.

This year we will be full of many new opportunities as well. With the transition to Senior Housing Management Companies we have many new ideas and programs for us to consider and participate in. Some are things we have done many times, such as the Dare to Dream program, however, in addition 2020 will introduce a new Housewarming Party program. This will be for the new residents moving into our community. Clover Ridge Place will provide the snacks, party favors and invitations for each new resident to send out to their friends and family. This will be a time for our new residents to share their new home and we will have an opportunity to welcome them into our Clover Ridge family.

The Housewarming Parties will start in January with the new residents who have moved in during the month of December. We will work with those residents and schedule their party. We will also schedule "open house" parties for any of our current residents who would like to do something similar. You can host your party individually or maybe you and your neighbor would like to have a party together. This will be a fun way to have your friends and family come visit and show them where you live.

If you are interested in having a housewarming or "open house" party, please let me know and I will get you scheduled on the calendar for a date that works for you!

I look forward to helping each of you celebrate with this opportunity here at Clover Ridge Place.

Enjoy Life!

**Sally Davies**, Community Relations Coordinator

**Thursday,  
January 23, 2020  
Noon**



**Dolly Parton's Imagination Library** is a program that mails children a free book each month from birth up until 5 years old.



Maquoketa Public Library Director, Katie Pauls will be sharing information on various programs at the Library, the partnership with the Dolly Parton Imagination Library and how you can get involved.

Seating is limited and reservations are required, call today to make your reservations. 563-652-2125

**Would you like  
to save  
\$1,500  
off your next  
months rent?  
Stop in and see  
Cheri or Sally  
to learn how!**

# THE VIEW from CLOVER RIDGE

January, 2020

Can you believe it is already 2020? It seems like yesterday we were concerned about the technological age and the fears of what may happen as we moved through midnight 1999. Where oh where does time go? For some of you, you may be thinking it seems like yesterday and it was 1950 or 1970. Those major milestones in our life certainly do stand out.

Moving into 2020 is an exciting time. Clover Ridge Place will be celebrating its 20<sup>th</sup> Anniversary. Where were you 20 years ago? How were you spending your time? Were you still working? Did you have a big garden? Were you a "snowbird?" I think it is fun to reflect on the past and reminisce about the fun times we have enjoyed. Crazy to think I was a young mother of 2 and now I am the mother of 3 and the youngest is 15. Wow, life happens in a hurry. It is so important to count our blessings and if you really look around, we can always see that they are abundant!

A thought I'd like to share to help us recognize how much we are grateful for is a practice I started a few years ago. Each day when I get up and before I turn in for bed each night, I have a notebook beside me to jot down 3 things I am thankful for. As our lives change, it can be more difficult to acknowledge the many blessings in our lives. Taking time to focus on what I appreciate and enjoy in life helps me stay positive and spread goodness each day.

Reminiscing about the past is a pleasure but I think even more importantly we must live looking forward to the future. Always making the best of the days that remain. We must DARE to DREAM! As we search for fun ways to celebrate 2020 and our 20<sup>th</sup> Anniversary, the best way to do this is to include our residents and families. What is a DREAM that we can help you achieve? What do you look forward to in 2020? How can you help us celebrate 20 years of success? How can we best recognize the quality of our team and the service that we provide? We need you to help us DREAM BIG for 2020.

2020 Anniversary planning is in the works. Help us get your events scheduled in our calendars today!

Blessings!  
**Cheri Orcutt**, Manager

*Dare to  
Dream Big  
in  
2020*



*"It just feels like home..."*

"When it was time for my family and me to take the next steps in assisted living, I'm glad we chose Clover Ridge Place — it just feels like home. My apartment has everything I need and, even better, most of my friends are here, too!"  
— Mary Helen Stewart, Clover Ridge Place resident since 2012

**20 YEARS**  
2000-2020

Clover Ridge Place is celebrating 20 years in Maquoketa. We are proud to care for the people who mean so much to our community.

- ✓ Independent Living
- ✓ Assisted Living
- ✓ Closer & Memory Care
- ✓ Respite Care

*Clover Ridge Place*

205 Ehlers Lane, Maquoketa 563-652-2125 www.cloverridgeplace.net

Happy New Year! I hope we will all enjoy some GREAT food and fun in 2020!

A quick reminder about the dining services at Clover Ridge Place. In our main dining room breakfast is served between 6:30 and 9:00 A.M. Many of you say breakfast is your favorite meal and it is certainly my favorite to make. Due to the open dining hours at breakfast time we do not have assigned seating. Please feel free to sit wherever you choose for breakfast. This will be first come first serve. If you have any questions, please see me.

Eat up,

**Barb Ihrig**, Culinary Coordinator

**My Wish for You in 2020**

- Have a wonderful year
- Have good health
- Enjoy fun times with family and friends
- Make some good memories
- Try something new
- Enjoy laughter
- Make a new friend or acquaintance
- Do things that make you smile
- Enjoy yourself!
- Wishing everyone a blessed new year filled with peace, fun, and happiness.

**Tammy Kilburg**,  
Life Enrichment Coordinator




*Happy Birthday*

Louella S. 10th  
John E. 11th  
Lorraine O. 27th  
Lois F. 28th  
Leo T. 30th

Happy New Year! I hope your year is off to a great start. As many of you are aware, I am filling in as the Health Care Coordinator until the position is filled. The position has been offered to a candidate and we look forward to having her join our team in mid-January. Until then, please direct all your nursing questions to me. I will work hard to meet all your needs.

As we enter the new year, I want to remind everyone of the importance of hand hygiene to help reduce the spread of germs. Following the holidays, the flu season tends to become more prevalent. Wash hands frequently, sanitize and clean your walker or assistive devices, cover your cough, and dispose of tissues after one use.

Please alert team members and remain in your apartment if you have an uncontrolled cough, fever, diarrhea or are feeling nausea. Being 24 hours symptom free before leaving your apartment is critical. We ask that you do not attend meals or activities when feeling ill to prevent spreading the illness to others. We will provide your meals in your apartment at no charge when you have symptoms of an illness that may be communicable.

When speaking of infection prevention, I would also like to take a moment to remind you to please keep your trash in your apartment until a team member collects it. Trash should not be put in the hallway. If your trash has not been collected and you would like to have it picked up, please press your pendant or alert a team member.

Here's to a healthy, happy new year!

**Sierrah**, R.N.



As we head into the new year, many of you have probably received your billing statements and have noticed the change in how billing looks and is laid out. I'm excited for the new program, as it itemizes services, supplies and base rent a little differently than in the past. This change looks different, but the system will break down the date changes occur and show this on the monthly statement. We will have the ability to show payments made and supplies purchased. If you have questions regarding anything on the new statements, please don't hesitate to ask. This format is especially beneficial during tax season which is approaching quickly for the 2019 year. With that said if you need a transaction history from 2019 please see me or call as soon as possible to ensure all requests are completed in a timely manner for your tax preparation. Hope everyone had a Merry Christmas and best wishes for a Happy New Year!

**Amanda Widell**, Administrative Assistant