



Independent , Assisted & Memory Care

Sundowning



Clover Ridge Library

Monday, September 17,

5:30 – 6:30 P.M.

Bellevue Senior Center

Friday, September 28,

10:00 - 11:00 A.M.

Everyone is welcome, you do not have to live or have a loved one at Clover Ridge Place, this is open to anyone looking for support.

Join us for the Alzheimer's Education Caregiver Support Group Meeting

Topic of discussion:

Sundowning

What is sundowning?

Sundowning is a symptom of Alzheimer's disease and other forms of dementia. It's also known as "late-day confusion." If someone you care for has dementia, their confusion and agitation may get worse in the late afternoon and evening. In comparison, their symptoms may be less pronounced earlier in the day.

Your loved one is most likely to experience sundowning if they have mid-stage to advanced dementia. Learn about steps you can take to help reduce sundowning, for their benefit as well as your own.

For More Information:

Contact Sally Davies, Community Relations Coordinator,

At 563-652-2125 or welcome@cloverridgeplace.net

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