



Independent , Assisted & Memory Care

Feelings of Guilt, Grief & Loss



Build a support system with people who understand.

This is an Alzheimer's Association caregivers support group. These groups are conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiver challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

Everyone is welcome, you do not have to live or have a loved one at Clover Ridge Place, this is open to anyone looking for support.

For More Information:

**Contact Sally Davies, Community Relations Coordinator, At 563-652-2125
or welcome@cloverridgeplace.net**

Clover Ridge Place... Where beautiful lives blossom!

**Join us for the
Alzheimer's Education
Caregiver Support
Group Meeting**

Topic of discussion:

Feelings of Guilt, Grief & Loss

It is normal to feel loss when you care about someone who has Alzheimer's Disease. It is also normal to feel guilty, abandoned and angry. Join us and learn ways to cope with grief and loss and local resources available to you.

Bellevue Senior Center

Friday, July 20th

10:00 - 11:00 A.M.

Clover Ridge Library

Monday, July 23rd

5:30 – 6:30 P.M.