

# October

## BREAKFAST

|                                                                                   | Mon                                                             | Tue                                                                              | Wed                                                                                  | Thu                                                                          | Fri                                                                      | Sat                                                               |  |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------|-------------------------------------------------------------------|--|
| 1<br>CHOICE OF JUICE/CEREAL<br>BACON CINNABON FROSTED CINNAMON ROLL<br>FRUIT MILK | 2<br>CHOICE OF JUICE/ CEREAL<br>EGG TOAST<br>MILK               | 3<br>CHOICE OF JUICE/CEREAL<br>SAUSAGE LINK PANCAKES<br>MILK                     | 4<br>CHOICE OF JUICE/CEREAL<br>SAUSAGE CORNBREAD<br>MILK                             | 5<br>CHOICE OF JUICE/CEREAL<br>EGG:<br>NEW YORK CRUMB<br>COFFEE CAKE<br>MILK | 6<br>CHOICE OF JUICE/CEREAL<br>SCRAMBLED EGGS W/<br>BACON TOAST<br>MILK  | 7<br>CHOICE OF JUICE/ CEREAL<br>EGG<br>RAISIN TOAST<br>MILK       |  |
| 8<br>CHOICE OF JUICE/CEREAL<br>EGG<br>PINEPPLE KOLACHE<br>MILK                    | 9<br>CHOICE OF JUICE/CEREAL<br>BACON, EGG TOAST<br>MILK         | 10<br>CHOICE OF JUICE/CEREAL<br>SKILLET BREAKFAST<br>TOAST<br>MILK               | 11<br>CHOICE OF JUICE/CEREAL<br>SAUSAGE LINK FR.TOAST<br>SYRUP,FRUIT<br>MILK         | 12<br>CHOICE OF JUICE/CEREAL<br>EGG<br>CRANBERRY COFFEE CAKE<br>MILK         | 13<br>CHOICE OF JUICE/CEREAL<br>EGG<br>BACON TOAST<br>MILK               | 14<br>CHOICE OF JUICE/CEREAL<br>EGG O BISCUIT<br>MILK             |  |
| 15<br>CHOICE OF JUICE/CEREAL<br>EGG<br>CINNAMON MONKEY BREAD<br>MILK              | 16<br>CHOICE OF JUICE/CEREAL<br>BACON PANCAKES<br>SYRUP<br>MILK | 17<br>CHOICE OF JUICE/CEREAL<br>SAUSAGE TOT BREAKFAST<br>CASSEROLE TOAST<br>MILK | 18<br>CHOICE OF JUICE/ CEREAL<br>EGG TOAST<br>MILK                                   | 19<br>CHOICE OF JUICE/CEREAL<br>SAUSAGE GRAVY/BISCT<br>FRUIT MILK            | 20<br>CHOICE OF JUICE/CEREAL<br>SCRAMBLED EGGS W/<br>BACON TOAST<br>MILK | 21<br>CHOICE OF JUICE/CEREAL<br>EGG<br>RAISIN TOAST<br>FRUIT MILK |  |
| 22<br>CHOICE OF JUICE/CEREAL<br>SAUSAGE LINK JELLY FILLED<br>DONUT<br>MILK        | 23<br>CHOICE OF JUICE/ CEREAL<br>EGG TOAST<br>MILK              | 24<br>CHOICE OF JUICE/CEREAL<br>BREAKFAST BOMB<br>SANDWICH<br>MILK               | 25<br>CHOICE OF JUICE/CEREAL<br>SAUSAGE BAKED<br>CHERRY CHEESECAKE<br>FR. TOAST      | 26<br>CHOICE OF JUICE/CEREAL<br>EGG TOAST<br>FRUIT MILK                      | 27<br>CHOICE OF JUICE/CEREAL<br>SAUSAGE GRAVY<br>BISCUIT<br>MILK         | 28<br>CHOICE OF JUICE/ CEREAL<br>EGG TOAST<br>MILK                |  |
| 29<br>CHOICE OF JUICE/CEREAL<br>BACON CINNAMON ROLL<br>FRUIT MILK                 | 30<br>CHOICE OF JUICE/CEREAL<br>EGG TOAST<br>MILK               | 31<br>CHOICE OF JUICE/CEREAL<br>SAUSAGE LINK PANCAKES<br>MILK                    |  |                                                                              |                                                                          |                                                                   |  |

# October

| Sun                                                                                                                        | Mon                                                                                                                            | Tue                                                                                                                                  | Wed                                                                                                        | Thu                                                                                                |                                                                                                                                        | Sat                                                                                                     |
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| ROAST TURKEY<br>CRANB.SAUCE<br>MASH POT<br>GRAVY/STUFFING<br>ROLL/MARG<br>PUMPKIN PIE<br>MILK                              | 2<br>LASAGNA ROLL<br>UP W/MEAT<br>RIVIERA VEG<br>ITALIAN PULL<br>APART BREAD<br>P.B. BROOKIE<br>MILK                           | 3<br>PORK LOIN W/<br>APP.CHUTNEY<br>BAKED SW POT<br>BR.SUGAR<br>VEGGIES<br>BREAD/MARG<br>RSP.SHERBET                                 | 4<br>SWISS STEAK<br>W/TOMATOES<br>G.PARMESAN<br>MASH. POT<br>PEAS<br>BREAD/MARG<br>ORANGE MIST             | 5<br>FR. CHICKEN<br>MAC&CHEESE<br>CARROTS<br>BREAD/MARG<br>CHERRY<br>CRUNCH<br>A LA MODE<br>MILK   | 6<br>SEAFOOD<br>BASKET<br>TRI TATORS<br>BROC.SLAW<br>BREAD<br>SHIRLEY<br>TEMPLECAKE                                                    | 7<br>ITALIAN BEEF<br>ON BUN W/ AU<br>JUS FRIED<br>POTATOES<br>CORN<br>FRUITED<br>GELATIN                |
| 8<br>MOLASSES<br>GLAZED HAM<br>AU GRATIN POT.<br>BRUSSELS<br>SPROUTS<br>ROLL/MARG<br>MILK                                  | 9<br>CHICKEN<br>PARMESAN<br>PASTA BAKE<br>TOSSED SALAD<br>W/ DRSG<br>GARLICBREAD<br>CHOCOLATE<br>MOUSSE/MILK                   | 10<br>CR.FRIEDSTEAK<br>MASHED POT.<br>GRAVY<br>RIVIERA VEG.<br>BREAD/MARG<br>BOSTON CR<br>POKE CAKE<br>MILK                          | 11<br>STUFFING<br>TOPPED PORK<br>CHOPS<br>SQUASH<br>BREAD/MARG<br>CHRY GELATIN<br>DESSERT<br>MILK          | 12<br>BEEF POT RST<br>ROASTED<br>Potatoes/Carr<br>BREAD/MARG<br>BANANA<br>BREAD<br>BLONDIE<br>MILK | 13<br>BATTERED<br>FISH<br>BAKED POT.<br>VEG BLEND<br>CORNBREAD<br>STRAWB.<br>SHORTCAKE<br>SUNDAE                                       | 14<br>HOMEMADE<br>BEEF&NOODL<br>MASHED POT.<br>BROCCOLI<br>FRESH BAKED<br>BREAD<br>PUMPK. FLUFF<br>MILK |
| 15<br>FRIED CHICKEN<br>MASHED POT.<br>CHICKEN GRAVY<br>TRIO VEGS<br>ROLL/MARG<br>PIE<br>MILK                               | 16<br>SPAGHETTI/<br>MEATSAUCE<br>ITALIAN HERB<br>GREEN BEANS<br>GAR.BRDSTICK<br>BROWNIE<br>BATTER<br>CHEESECAKE                | 17<br>TURKEY A LA<br>KING<br>MASHED POT.<br>CORN<br>BISCUIT<br>SNICK.DOODLE<br>PUMPKIN<br>DESSERT                                    | 18<br>CORNBREAD<br>CRUSTED<br>PORKCHOP<br>SWEET POT<br>BROCCOLI<br>BREAD/MARG<br>CAR. APPLE<br>CAKE - MILK | 19<br>SWEDISH<br>MEATBALL<br>BAKE<br>BRUSSELS<br>SPROUTS<br>BREAD/MARG<br>FLUFF STRAW<br>DESSERT   | 20<br>CITRUS<br>GLAZED FISH<br>POTATOES<br>MEDLEY<br>PEAS -BREAD<br>CHERRY<br>COBBLER<br>MILK                                          | 21<br>SWEET & SOUR<br>CHICK<br>RICE<br>VEGETABLE<br>BLEND<br>BREAD/MARG<br>ICE CREAM<br>MILK            |
| 22<br>ROAST BEEF<br>MASHED POT.<br>BEEF GRAVY<br>GREEN BEANS<br>W/ WALNUTS<br>ROLL/MARG<br>PIE<br>MILK                     | 23<br>CARNITA<br>ENCHILADA<br>TOSSED SALAD<br>W/ DRSG<br>BROWNIE W/<br>CINN.<br>BUTTERCREAM<br>FROSTING                        | 24<br>GLAZED<br>MEATLOAF<br>BAKED POT.<br>TRIO VEGS<br>BREAD/MARG<br>DIRTY SNOW<br>CAKE<br>MILK                                      | 25<br>BR. SUGAR<br>BOURBON<br>CHICKEN<br>POT.SALAD<br>BAKED BEANS<br>FR. B.BREAD<br>DOUB. STRW<br>SUNDAE   | 26<br>BK. REUBEN<br>CASSEROLE<br>RST. POT<br>MEDLEY<br>PEAS<br>CAR. APPLE<br>PRETZEL<br>DESSERT    | 27<br>SEAFOOD<br>PASTA<br>ALFREDO<br>GR. BEANS<br>G. BREAD<br>CHEF'S CH.<br>DESSERT<br>MILK                                            | 28<br>TATER TOT HOT<br>DISH<br>BEETS<br>BREAD/MARG<br>GINGERBREAD<br>COOKIE BAR<br>MILK                 |
| 29<br>ROAST TURKEY<br>CRANBERRY<br>SAUCE<br>MASHED POT.<br>TURKEY GRAVY<br>STUFFING<br>ROLL/MARG<br>PUMPKIN<br>PIE/TOPPING | 30<br>LASAGNA ROLL<br>UP W<br>MEATSAUCE<br>RIVIERA<br>VEGETABLES<br>ITALIAN PULL<br>APART BREAD<br>P.BUTTER<br>BROOKIE<br>MILK | 31<br>PORK LOIN W/<br>APPLE CHUTNEY<br>BK SWT POT.<br>BR.SUGAR<br>COUNTRY TRIO<br>VEGS<br>BREAD/MARG<br>RASPBERRY<br>SHERBET<br>MILK |                        |                                                                                                    | <div style="border: 2px solid orange; padding: 10px; display: inline-block;"> <h2 style="color: orange; margin: 0;">Lunch!</h2> </div> |                                                                                                         |

# October

| Sun                                                                                                                 | Mon                                                                                                                 | Tue                                                                                                            | Wed                                                                                                                                                 | Thru                                                                                                              | Fri                                                                                                          | Sat                                                                                                        |
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| 1<br>HARVEST<br>VEG & ORZO<br>SOUP<br>EGG SALAD/<br>CROISSANT<br>COLESLAW<br>MANDARIN<br>ORANGES                    | 2<br>CHEF SALAD<br>CRACKERS<br>BANANA<br>BERRY CUP<br>RAISIN BREAD<br>PUDDING W/<br>VANILLA<br>SAUCE                | 3<br>CHICKEN AND<br>NOODLES<br>BROCCOLI<br>FRESH BAKED<br>BREAD<br>MARGARINE<br>PEACHES<br>MILK                | 4<br>SMOKED<br>SAUSAGE &<br>CABBAGE<br>AUGRATIN<br>GARLIC<br>BREADSTICK<br>EMERALD PEARS<br>COOKIE                                                  | 5<br>OPEN FACE<br>MEATLOAF<br>SANDWICH<br>MASHED<br>POTATOES<br>BEEF GRAVY<br>GREEN BEANS<br>MIXED FRUIT          | 6<br>HAM &<br>BEANS<br>LAYERED<br>COBB<br>SALAD<br>CORNBREAD<br>CINNAMON<br>APPLESAUCE<br>MILK               | 7<br>BUBBLE UP<br>CHICKEN POT PIE<br>BEETS<br>CHILLED FRUIT<br>COOKIE<br>MILK                              |
| 8<br>CHILI<br>CHILI FIXINS<br>CRACKERS<br>PEACHES<br>COOKIE                                                         | 9<br>FRENCH<br>ONION<br>BEEF SLIDER<br>TATER TOTS<br>CARROTS<br>CHILLED FRUIT<br>MILK                               | 10<br>JAMBALAYA<br>PEAS<br>ROLL/MARG<br>PEACHES<br>MILK                                                        | 11<br>GREEKCHICK<br>BREAST<br>W/ CREAMY<br>CUCUMBERSAUCE<br>PARMESAN<br>ORZO PASTA<br>SPINACHCRAISIN<br>SALAD/CITRUS<br>VINAIGRETTE<br>MAND.ORANGES | 12<br>POTATO SOUP<br>CRACKERS<br>TUNA SALAD ON<br>RYE<br>CR.CUCUMBER<br>SALAD<br>MARSHMALLOW<br>FRUIT CUP<br>MILK | 13<br>THAI CHICK<br>SALAD<br>THAI SATAY<br>PEANUT<br>DRESSING<br>SESAME<br>BREADSTICK<br>SIMORES<br>TURNOVER | 14<br>MEAT LOVER'S<br>PIZZA<br>TOSSED SALAD<br>W/ DRSG<br>MIXED FRUIT<br>COOKIE<br>MILK                    |
| 15<br>HAMBURGER<br>ON BUN<br>TOM,LET,<br>ONION,PICKLE<br>GRANDMA'S<br>BAKED BEANS<br>POT.CHIPS<br>ICE CREAM<br>MILK | 16<br>SMOKEHOUSE<br>PORK<br>SANDWICH<br>FRIED<br>POTATOES<br>FRUITED<br>GELATIN<br>MILK                             | 17<br>CRAN WALNUT<br>CHICKENSALAD/<br>CROISSANT<br>LETTUCE LEAF<br>TRI TATORS<br>WARM SPICED<br>APPLES<br>MILK | 18<br>CORNE BEEF &<br>CABBAGE SOUP<br>CRACKERS<br>FRESH BAKED<br>BREAD<br>MARGARINE<br>CHILLED FRUIT<br>MILK                                        | 19<br>FLAMEBROILED<br>BBQ RIB ON BUN<br>PICKLES &<br>ONIONS<br>POTATO CHIPS<br>MANDARIN<br>ORANGES<br>MILK        | 20<br>CR OF TOM.<br>SOUP<br>GR CHEESE<br>SANDWICH<br>CREAMY<br>APPLE BROC.<br>SLAW<br>PEACHES<br>MILK        | 21<br>RACHEL<br>SANDWICH POTATO<br>SALAD<br>CRANBERRY<br>SAUCE<br>MIXED FRUIT<br>MILK                      |
| 22<br>TUNA PEA<br>CASSEROLE<br>CARROTS<br>BREAD/MARG<br>CHILLED<br>FRUIT                                            | 23<br>BRD CHICKEN<br>BREAST/BUN<br>MAYO<br>LET & TOM.<br>FR. POTATOES<br>SWT. PEPPER<br>SLAW<br>MANDARIN<br>ORANGES | 24<br>ITALIAN<br>WEDDING SOUP<br>GRILL GARLIC<br>BREAD<br>CHEESE SAND.<br>TOM. CUC.<br>SALAD<br>MIXED FRUIT    | 25<br>HARVEST<br>TURKEY SALAD<br>POPPYSEED<br>DRESSING<br>CRACKERS<br>STICKY ROLL<br>MILK                                                           | BEEF & TOMA<br>MAC SOUP<br>CRACKERS<br>BREADSTICK<br>COTTAGE<br>CHEESE<br>PEARS<br>COOKIE<br>MILK                 | 7<br>DIJON<br>HAM/SWISS<br>CROISSANT<br>AU GRATIN<br>POTATOES<br>MIXED FRUIT<br>MILK                         | 28<br>SAVORY<br>CHICKEN<br>DRUMSTICK<br>MASH. POT.<br>CHICK.GRAVY<br>CORN<br>BREAD/MARG<br>FRUITED GELATIN |
| 29<br>HARVEST VEG<br>&ORZO SOUP<br>EGG SALAD/<br>CROISSANT<br>COLESLAW<br>MANDARIN<br>ORANGES                       | 30<br>CHEF SALAD<br>CRACKERS<br>BANANA<br>BERRY CUP<br>RAISIN BREAD<br>PUDDING W/<br>VANILLASAUCE                   | 31<br>CHICKEN AND<br>NOODLES<br>BROCCOLI<br>FRESH BAKED<br>BREAD<br>MARGARINE<br>PEACHES MILK                  |                                                                                                                                                     |                                                                                                                   |                         |                                                                                                            |