

**Breakfast**

**Clover Ridge Place FW  
2016-17**

**January**

**Month At a Glance**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 CHOICE OF JUICE CHOICE OF CEREAL BACON DONUT LOW FAT MILK	2 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK	3 CHOICE OF JUICE CHOICE OF CEREAL HOMEMADE SAUSAGE GRAVY BISCUIT LOW FAT MILK	4 CHOICE OF JUICE FRUIT CHOICE OF CEREAL EGG: _____ RAISIN TOAST MARGARINE/JELLY LOW FAT MILK	5 CHOICE OF JUICE CHOICE OF CEREAL BACON PASTRY LOW FAT MILK	6 CHOICE OF JUICE CHOICE OF CEREAL BREAKFAST SANDWICH LOW FAT MILK	7 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ FRENCH TOAST / SYRUP LOW FAT MILK
8 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ CARAMEL ROLL LOW FAT MILK	9 CHOICE OF JUICE CHILLED FRUIT CHOICE OF CEREAL BACON PUMPKIN PANCAKES LOW FAT MILK	10 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK	11 CHOICE OF JUICE CHOICE OF CEREAL HOT BREAKFAST SLIDER LOW FAT MILK	12 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK	13 CHOICE OF JUICE CHOICE OF CEREAL HOMEMADE SAUSAGE GRAVY BISCUIT LOW FAT MILK	14 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK
15 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ STRUDEL STICK LOW FAT MILK	16 CHOICE OF JUICE FRUIT CHOICE OF CEREAL BACON TOAST MARGARINE/JELLY LOW FAT MILK	17 CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE PATTY CHERRY COFFEE CAKE LOW FAT MILK	18 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ MAPLE BACON MINI LONG JOHN LOW FAT MILK	19 CHOICE OF JUICE FRUIT CHOICE OF CEREAL EGG: _____ RAISIN TOAST MARGARINE/JELLY LOW FAT MILK	20 CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG WITH CHEESE CREME BRULEE FRENCH TOAST LOW FAT MILK	21 CHOICE OF JUICE FRUIT CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK
22 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ CINNAMON ROLL TWIST LOW FAT MILK	23 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ BACON TOAST MARGARINE/JELLY LOW FAT MILK	24 CHOICE OF JUICE CHOICE OF CEREAL CHARLESTON BREAKFAST CASSEROLE TOAST MARGARINE/JELLY LOW FAT MILK	25 CHOICE OF JUICE CHOICE OF CEREAL BREAKFAST SANDWICH TATER TOTS LOW FAT MILK	26 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK	27 CHOICE OF JUICE FRUIT CHOICE OF CEREAL HOMEMADE SAUSAGE GRAVY BISCUIT LOW FAT MILK	28 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ PANCAKES/SYRUP LOW FAT MILK
29 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ GLAZED LONG JOHN LOW FAT MILK	30 CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE LINK TOAST MARGARINE/JELLY LOW FAT MILK	31 CHOICE OF JUICE CHOICE OF CEREAL SWEET POTATO HASH TOAST MARGARINE/JELLY LOW FAT MILK				

**Noon Meal**

**Clover Ridge Place FW  
2016-17**

**January**

**Month At a Glance**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Prime Rib mushrooms/ onions Baked Potato SC & Chives Green Bean Casserole Dinner Roll Pie	2 CRISPITO SHREDDED LETTUCE/TOMATO CORN COTTAGE CHEESE W/ FRUIT RICE KRISPIE SQUARE LOW FAT MILK	3 GARLIC ROASTED PORK BAKED POTATO/MARG BROCCOLI/CHEESE SAUCE BREAD/MARG FROSTED CAKE LOW FAT MILK	4 CHICKEN PASTA ALFREDO BROCCOLI & CAULIFLOWER GARLIC BREAD FRUITED GELATIN LOW FAT MILK	5 BBQ PORK CHOP GLAZED SWEET POTATOES CREAMED CABBAGE BREAD/MARG PUDDING PARFAIT LOW FAT MILK	6 BREADED FISH FILET TARTAR SAUCE SCALLOPED POTATOES MIXED VEGETABLES BREAD/MARG DESSERT CART LOW FAT MILK	7 HAMBURGER STROGANOFF CASSEROLE TOSS SALAD/DRESSING BREADSTICK COOKIE LOW FAT MILK
8 OVEN FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY ROASTED CINNAMON CARROTS ROLL/MARG FRUIT PIE LOW FAT MILK	9 SPAGHETTI/MEAT SAUCE BROCCOLI FLORETS FRESH BAKED BREAD CHERRY CHEESECAKE LOW FAT MILK	10 APPLE GLAZED RIBS & KRAUT HASHBROWN CASSEROLE GREEN BEANS BREAD/MARG FROSTED BROWNIE LOW FAT MILK	11 CRACKER BARREL MEATLOAF MASHED POTATOES BROWN GRAVY KEY WEST BLEND VEGETABLES BREAD/MARG APPLE PEAR WALNUT CRISP LOW FAT MILK	12 HAM STEAK MIXED VEGETABLES SWEET POTATO CRUNCH BREAD/MARG PINEAPPLE RITZ DESSERT LOW FAT MILK	13 BEER BATTERED TILAPIA TARTAR SAUCE FRIED POTATOES & ONIONS SWEET PEPPER SLAW CORNBREAD HONEY BUTTER CARROT CAKE/CR CHEESE FROSTING LOW FAT MILK	14 BAKED CHICKEN DRUMSTICK POTATO SALAD CALICO BEAN BAKE BREAD/MARG ICE CREAM LOW FAT MILK
15 HERBED PORK LOIN SCALLOPED POTATOES HOT SPICED BEETS ROLL/MARG CREAM PIE LOW FAT MILK	16 ROAST BEEF MASHED POTATOES BROWN GRAVY GLAZED CARROTS SWEET MIDDLES COOKIE LOW FAT MILK BREAD/MARG	17 LEMON ROASTED CHICKEN BREAST BROCCOLI FLORETS BAKED PARMESAN SWEET POTATOES BREAD/MARG PEANUT BUTTER CANDY BAR LOW FAT MILK	18 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY ROASTED BRUSSELS SPROUTS BREAD/MARG PUMPKIN DESSERT LOW FAT MILK	19 BEEF TIPS IN GRAVY NOODLES CITRUS STIR FRY VEGS GARLIC BREAD SHERBET LOW FAT MILK	20 COD AU GRATIN BAKED POTATO/MARG PEAS BREAD/MARG CHEF'S CHOICE DESSERT LOW FAT MILK	21 DORITO CHICKEN SHREDDED LETTUCE/TOMATO CORN SPANISH RICE FRIED ICE CREAM DESSERT LOW FAT MILK
22 ROAST TURKEY STUFFING TURKEY GRAVY BROCCOLI CASSEROLE CRANBERRY SAUCE ROLL/MARG PUMPKIN PIE/TOPPING LOW FAT MILK	23 CHERRY ORCHARD BAR LOW FAT MILK KEY WEST BLEND VEGETABLES OPEN FACED HOT PORK SANDWICH	24 PARMESAN MEATBALL BAKE TOSS SALAD/DRESSING GARLIC BREAD PINEAPPLE UPSIDE DOWN CAKE LOW FAT MILK	25 CARROTS BREAD/MARG AUTUMN GELATIN LOW FAT MILK MISSISSIPPI MUD POTATOES CREAMY SWISS STEAK	26 ROAST TURKEY PECAN CRUSTED CHICKEN MACARONI & CHEESE COOKIE DESSERT LOW FAT MILK	27 TUNA CAKE BAKED CREAMED PEAS & POTATOES BREAD/MARG STRAWBERRIES ANGEL FOOD CAKE LOW FAT MILK	28 BAKED HAM CREAMY SWEET POTATOES BRUSSELS SPROUTS BREAD/MARG CHILLED FRUIT LOW FAT MILK
29 ROAST BEEF MASHED POTATOES BROWN GRAVY SCALLOPED CORN ROLL/MARG PIE LOW FAT MILK	30 SWISS CHICKEN BREAST RICE PARSLIED CARROTS BREAD/MARG FRUIT CRISP LOW FAT MILK	31 MAPLE CRANBERRY ROAST TURKEY MASHED POTATOES TURKEY GRAVY GREEN BEAN CASSEROLE BREAD/MARG FROSTED PUMPKIN BAR LOW FAT MILK				

**Evening Meal**

**Clover Ridge Place FW  
2016-17**

**January**

**Month At a Glance**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 SOUP OF THE DAY CRACKERS TURKEY & CHEESE CROISSANT LAYERED SALAD PEARS LOW FAT MILK	2 PORCUPINE MEATBALLS NOODLES CARROTS BREAD/MARG STRAWBERRIES LOW FAT MILK	3 WISCONSIN CHEESE SOUP CRACKERS TUNA SALAD SANDWICH TOSS SALAD/DRESSING APRICOTS LOW FAT MILK	4 MEATLOAF SANDWICH HASHBROWNS W/ CHEESE STEWED TOMATOES COOKIE LOW FAT MILK	5 CREAMED CHICKEN BISCUIT GREEN BEANS MANDARIN ORANGES LOW FAT MILK	6 STUFFED PEPPER SOUP CRACKERS COTTAGE CHEESE WITH PINEAPPLE MUFFIN SHERBET LOW FAT MILK	7 PIGS IN A BLANKET POTATO CHIPS BAKED BEANS PEACHES LOW FAT MILK
8 HAM & EGG FRITTATA STEWED TOMATOES PEACHES MINI DONUTS LOW FAT MILK	9 CHEESEBURGER ON BUN SPECIAL SAUCE TOMATO, LETTUCE, ONION, PICKLE MINI POTATO PANCAKES FRUIT CUP LOW FAT MILK	10 CRACKERS SPINACH CRAISIN SALAD BISCUIT FRUIT LOW FAT MILK CHICKEN POT PIE SOUP	11 CHICKEN AND NOODLES PEAS BREAD/MARG FRUITED GELATIN LOW FAT MILK	12 POTATO SOUP CRACKERS AUTUMN SANDWICH CRANBERRY SAUCE TOSS SALAD/DRESSING MANDARIN ORANGES LOW FAT MILK	13 CHILI SHREDDED CHEESE DICED ONION CRACKERS APRICOTS CHOC CHIP FLUFFERNUTTER BARS LOW FAT MILK	14 ITALIAN SAUSAGE SANDWICH SEASONED POTATO WEDGES STRAWBERRIES LOW FAT MILK
15 CHICKEN TORTELLINI SOUP GARLIC BREAD DIPPERS TOSS SALAD/DRESSING FRUIT LOW FAT MILK	16 HOT HAM & CHEESE ON CROISSANT ONION TANGLERS WALDORF FRUIT CUP LOW FAT MILK	17 SLOPPY JOE TATER TOT CASSEROLE MIXED VEGETABLES BREAD/MARG CRANBERRY MOUSSE LOW FAT MILK	18 TOMATO BISQUE CRACKERS GRILLED CHEESE SANDWICH CREAMY CUCUMBER SALAD PEARS LOW FAT MILK	19 FARMHOUSE TURKEY SALAD SALAD DRESSING OF CHOICE CRACKERS FRESH BAKED BREAD WARM FRUIT CASSEROLE LOW FAT MILK	20 NEW YORK STYLE HOT DOG SAUERKRAUT KETCHUP/MUSTARD BAKED BEANS CREAMY CHEDDAR MACARONI SALAD PEACHES LOW FAT MILK	21 COUNTRY SAUSAGE GRAVY BISCUIT FLAME ROASTED POTATOES & VEGETABLES ORANGE, APPLE, & BANANA CUP MINI DONUTS LOW FAT MILK
22 CLAM CHOWDER CRACKERS COLD CUT SANDWICH TOMATO SPOON SALAD FRUIT LOW FAT MILK	23 TERIYAKI CHICKEN CASSEROLE PORK VEG EGG ROLL MANDARIN ORANGES SHERBET LOW FAT MILK	24 WHITEFISH BURGER ON BUN BISTRO SAUCE FRIED POTATOES & ONIONS COLESLAW CINNAMON BAKED APPLES LOW FAT MILK	25 HAM AND BEAN SOUP MAPLE CORNBREAD PICKLED BEETS COOKIE LOW FAT MILK	26 PULLED PORK ON BUN BBQ SAUCE SWEETENED SAUERKRAUT SEASONED POTATO WEDGES WINTER FRUIT CUP LOW FAT MILK	27 BEEF STEW FRESH BAKED BREAD FRUIT ICE CREAM NOVELTY LOW FAT MILK	28 CRISPY CHICKEN SALAD SALAD DRESSING CRACKERS APRICOTS PECAN PIE BREAD PUDDING LOW FAT MILK
29 DELI SANDWICH POTATO CHIPS PEACHES COOKIE LOW FAT MILK	30 HUSHPUDDY FISH FILETS TARTAR SAUCE VEGETABLE BLEND MINI POTATO PANCAKES BREAD/MARG BANANA BERRY CUP LOW FAT MILK	31 GOULASH PEAS FRESH BAKED BREAD MARGARINE ICE CREAM LOW FAT MILK				