

**Breakfast**

**Clover Ridge Place  
FW 2016-17**

**November**

**Month At a Glance**


Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK	2 CHOICE OF JUICE CHOICE OF CEREAL HOT BREAKFAST SLIDER LOW FAT MILK	3 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK	4 CHOICE OF JUICE CHOICE OF CEREAL HOMEMADE SAUSAGE GRAVY BISCUIT LOW FAT MILK	5 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK
6 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ STRUDEL STICK LOW FAT MILK	7 CHOICE OF JUICE FRUIT CHOICE OF CEREAL BACON TOAST MARGARINE/JELLY	8 CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE PATTY CHERRY COFFEE CAKE LOW FAT MILK	9 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ MAPLE BACON MINI LONG JOHN LOW FAT MILK	10 CHOICE OF JUICE FRUIT CHOICE OF CEREAL EGG: _____ RAISIN TOAST MARGARINE/JELLY	11 CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG WITH CHEESE CREME BRULEE FRENCH TOAST	12 CHOICE OF JUICE FRUIT CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY
13 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ CINNAMON ROLL TWIST LOW FAT MILK	14 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ BACON TOAST MARGARINE/JELLY LOW FAT MILK	15 CHOICE OF JUICE CHOICE OF CEREAL CHARLESTON BREAKFAST CASSEROLE TOAST MARGARINE/JELLY	16 CHOICE OF JUICE CHOICE OF CEREAL BREAKFAST SANDWICH TATER TOTS LOW FAT MILK	17 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK	18 CHOICE OF JUICE FRUIT CHOICE OF CEREAL HOMEMADE SAUSAGE GRAVY BISCUIT LOW FAT MILK	19 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ PANCAKES/SYRUP LOW FAT MILK
20 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ GLAZED LONG JOHN LOW FAT MILK	21 CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE LINK TOAST MARGARINE/JELLY LOW FAT MILK	22 CHOICE OF JUICE CHOICE OF CEREAL SWEET POTATO HASH TOAST MARGARINE/JELLY	23 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ APPLE FRITTER FR TOAST BAKE LOW FAT MILK	24 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK	25 CHOICE OF JUICE CHOICE OF CEREAL BACON RAISIN TOAST MARGARINE/JELLY LOW FAT MILK	26 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK
27 CHOICE OF JUICE CHOICE OF CEREAL BACON DONUT LOW FAT MILK	28 CHOICE OF JUICE CHOICE OF CEREAL EGG: _____ TOAST MARGARINE/JELLY LOW FAT MILK	29 CHOICE OF JUICE CHOICE OF CEREAL HOMEMADE SAUSAGE GRAVY BISCUIT LOW FAT MILK	30 CHOICE OF JUICE FRUIT CHOICE OF CEREAL EGG: _____ RAISIN TOAST MARGARINE/JELLY			

Noon Meal

Clover Ridge Place  
FW 2016-17

November

Month At a Glance

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 APPLE GLAZED RIBS & KRAUT HASHBROWN CASSEROLE GREEN BEANS BREAD/MARG FROSTED BROWNIE LOW FAT MILK	2 CRACKER BARREL MEATLOAF MASHED POTATOES BROWN GRAVY KEY WEST BLEND VEGETABLES BREAD/MARG APPLE PEAR WALNUT CRISP LOW FAT MILK	3 HAM STEAK MIXED VEGETABLES SWEET POTATO CRUNCH BREAD/MARG PINEAPPLE RITZ DESSERT LOW FAT MILK	4 TARTAR SAUCE FRIED POTATOES & ONIONS SWEET PEPPER SLAW CORNBREAD HONEY BUTTER CARROT CAKE/CR CHEESE FROSTING LOW FAT MILK	5 BAKED CHICKEN DRUMSTICK POTATO SALAD CALICO BEAN BAKE BREAD/MARG ICE CREAM LOW FAT MILK
6 HERBED PORK LOIN SCALLOPED POTATOES HOT SPICED BEETS ROLL/MARG CREAM PIE LOW FAT MILK	7 ROAST BEEF MASHED POTATOES BROWN GRAVY GLAZED CARROTS SWEET MIDDLES COOKIE LOW FAT MILK BREAD/MARG	8 LEMON ROASTED CHICKEN BREAST BROCCOLI FLORETS BAKED PARMESAN SWEET POTATOES BREAD/MARG PEANUT BUTTER CANDY BAR	9 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY ROASTED BRUSSELS SPROUTS BREAD/MARG PUMPKIN DESSERT LOW FAT MILK	10 BEEF TIPS IN GRAVY NOODLES CITRUS STIR FRY VEGS GARLIC BREAD SHERBET LOW FAT MILK	11 COD AU GRATIN BAKED POTATO/MARG PEAS BREAD/MARG CHEF'S CHOICE DESSERT LOW FAT MILK	12 DORITO CHICKEN SHREDDED LETTUCE/TOMA TO CORN SPANISH RICE FRIED ICE CREAM DESSERT LOW FAT MILK
13 ROAST TURKEY STUFFING TURKEY GRAVY BROCCOLI CASSEROLE CRANBERRY SAUCE ROLL/MARG PUMPKIN PIE/TOPPING LOW FAT MILK	14 CHERRY ORCHARD BAR LOW FAT MILK KEY WEST BLEND VEGETABLES OPEN FACED HOT PORK SANDWICH	15 PARMESAN MEATBALL BAKE TOSS SALAD/DRESSIN G GARLIC BREAD PINEAPPLE UPSIDE DOWN CAKE LOW FAT MILK	16 CARROTS BREAD/MARG AUTUMN GELATIN LOW FAT MILK MISSISSIPPI MUD POTATOES CREAMY SWISS STEAK	17 PECAN CRUSTED CHICKEN MACARONI & CHEESE GREEN BEANS BREAD/MARG COOKIE DESSERT LOW FAT MILK	18 TUNA CAKE CREAMED PEAS & POTATOES BREAD/MARG STRAWBERRIES ANGEL FOOD CAKE LOW FAT MILK	19 BAKED HAM CREAMY SWEET POTATOES BRUSSELS SPROUTS BREAD/MARG CHILLED FRUIT LOW FAT MILK
20 ROAST BEEF MASHED POTATOES BROWN GRAVY SCALLOPED CORN ROLL/MARG PIE LOW FAT MILK	21 SWISS CHICKEN BREAST RICE PARSLIED CARROTS BREAD/MARG FRUIT CRISP LOW FAT MILK	22 MAPLE CRANBERRY ROAST TURKEY MASHED POTATOES TURKEY GRAVY GREEN BEAN CASSEROLE BREAD/MARG FROSTED PUMPKIN BAR LOW FAT MILK	23 LAYERED TACO SALAD CHEDDAR CORNBREAD FRUIT TAPIOCA PUDDING LOW FAT MILK	24 <del>DINNER</del> <b>THANKSGIVING DINNER</b> TURKEY, GRAVY SAGE DRESSING SWEET/WHITE POTATOES CRANBERRY SAUCE GREEN BEAN CASSAROL HOME-MADE BREAD PUMPKIN PIE	25 CATCH OF THE DAY TARTAR SAUCE BAKED POTATO/MARG MIXED VEGETABLES BREAD/MARG CHEF'S CHOICE DESSERT LOW FAT MILK	26 BBQ STEAK SANDWICH ONION TANGLERS POTATO CHIPS SHERBET LOW FAT MILK
27 BAKED HAM MASHED POTATOES PORK GRAVY BRUSSELS SPROUTS ROLL/MARG FRUIT PIE LOW FAT MILK	28 CRISPITO SHREDDED LETTUCE/TOMA TO CORN COTTAGE CHEESE W/ FRUIT RICE KRISPIE SQUARE LOW FAT MILK	29 GARLIC ROASTED PORK BAKED POTATO/MARG BROCCOLI/CHE ESE SAUCE BREAD/MARG FROSTED CAKE LOW FAT MILK	30 CHICKEN PASTA ALFREDO BROCCOLI & CAULIFLOWER GARLIC BREAD FRUITED GELATIN LOW FAT MILK			

**Evening Meal**

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**Month At a Glance**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 CRACKERS SPINACH CRAISIN SALAD BISCUIT FRUIT LOW FAT MILK CHICKEN POT PIE SOUP	2 TUNA MELT CASSEROLE PEAS BREAD/MARG FRUITED GELATIN LOW FAT MILK	3 POTATO SOUP CRACKERS AUTUMN SANDWICH CRANBERRY SAUCE TOSS SALAD/DRESSIN G MANDARIN ORANGES LOW FAT MILK	4 CHILI SHREDDED CHEESE DICED ONION CRACKERS APRICOTS CHOC CHIP FLUFFERNUTTE R BARS LOW FAT MILK	5 ITALIAN SAUSAGE SANDWICH SEASONED POTATO WEDGES STRAWBERRIES LOW FAT MILK
6 CHICKEN TORTELLINI SOUP GARLIC BREAD DIPPERS TOSS SALAD/DRESSIN G FRUIT LOW FAT MILK	7 HOT HAM & CHEESE ON CROISSANT ONION TANGLERS WALDORF FRUIT CUP LOW FAT MILK	8 MIXED VEGETABLES BREAD/MARG CRANBERRY MOUSSE LOW FAT MILK SLOPPY JOE TATER TOT CASSEROLE	9 TOMATO BISQUE CRACKERS GRILLED CHEESE SANDWICH CREAMY CUCUMBER SALAD PEARS LOW FAT MILK	10 FARMHOUSE TURKEY SALAD SALAD DRESSING OF CHOICE CRACKERS FRESH BAKED BREAD WARM FRUIT CASSEROLE LOW FAT MILK	11 NEW YORK STYLE HOT DOG SAUERKRAUT KETCHUP/MUST ARD BAKED BEANS CREAMY CHEDDAR MACARONI SALAD PEACHES LOW FAT MILK	12 COUNTRY SAUSAGE GRAVY BISCUIT FLAME ROASTED POTATOES & VEGETABLES ORANGE, APPLE, & BANANA CUP MINI DONUTS
13 CLAM CHOWDER CRACKERS COLD CUT SANDWICH TOMATO SPOON SALAD FRUIT LOW FAT MILK	14 TERIYAKI CHICKEN CASSEROLE PORK VEG EGG ROLL MANDARIN ORANGES SHERBET LOW FAT MILK	15 WHITEFISH BURGER ON BUN BISTRO SAUCE FRIED POTATOES & ONIONS COLESLAW CINNAMON BAKED APPLES	16 HAM AND BEAN SOUP MAPLE CORNBREAD PICKLED BEETS COOKIE LOW FAT MILK	17 PULLED PORK ON BUN BBQ SAUCE SWEETENED SAUERKRAUT SEASONED POTATO WEDGES WINTER FRUIT CUP	18 BEEF STEW FRESH BAKED BREAD FRUIT ICE CREAM NOVELTY LOW FAT MILK	19 CRISPY CHICKEN SALAD SALAD DRESSING CRACKERS APRICOTS PECAN PIE BREAD PUDDING LOW FAT MILK
20 DELI SANDWICH POTATO CHIPS PEACHES COOKIE LOW FAT MILK	21 HUSHPUDDY FISH FILETS TARTAR SAUCE VEGETABLE BLEND MINI POTATO PANCAKES BREAD/MARG BANANA BERRY CUP LOW FAT MILK	22 GOULASH PEAS FRESH BAKED BREAD MARGARINE ICE CREAM LOW FAT MILK	23 TOMATO SOUP CRACKERS GRILLED CHEESE SANDWICH COLESLAW PEARS LOW FAT MILK	24 WHITE BEAN & SAUSAGE SOUP CRACKERS EGG SALAD SANDWICH LETTUCE & TOMATO SLICE CHILLED FRUIT LOW FAT MILK	25 PIZZA SLICE TOSS SALAD/DRESSIN G MANDARIN ORANGES COOKIE LOW FAT MILK	26 HAMBURGER POT PIE OVER BISCUIT CREAMY CUCUMBER SALAD CINNAMON APPLESAUCE GELATIN LOW FAT MILK
27 SOUP OF THE DAY CRACKERS TURKEY & CHEESE CROISSANT LAYERED SALAD PEARS LOW FAT MILK	28 PORCUPINE MEATBALLS NOODLES CARROTS BREAD/MARG STRAWBERRIES LOW FAT MILK	29 WISCONSIN CHEESE SOUP CRACKERS TUNA SALAD SANDWICH TOSS SALAD/DRESSIN G APRICOTS LOW FAT MILK	30 MEATLOAF SANDWICH HASHBROWNS W/ CHEESE STEWED TOMATOES COOKIE LOW FAT MILK			