



| MEAL BREAKFAST << October >> 2016 > | | | | | | | Clover Ridge Mequoketa SS 2016 | |
|---|---|--|---|---|--|--|--------------------------------|--|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat | | |
| | | | | | | 1 CHOICE OF JUICE CHOICE OF CEREAL EGG BACON TOAST FRUIT MARGARINE/JELLY MILK | | |
| 2 CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE CINNAMON BUN DONUT MILK | 3 CHOICE OF JUICE CHOICE OF CEREAL WESTERN EGG BAKE TOAST MARGARINE/JELLY MILK | 4 CHOICE OF JUICE CHOICE OF CEREAL EGG TOAST MARGARINE/JELLY MILK | 5 CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG W/ HAM RAISIN TOAST MARGARINE MILK | 6 CHOICE OF JUICE PEACHES & CREAM OATMEAL EGG TOAST MARGARINE/JELLY MILK | 7 CHOICE OF JUICE CHOICE OF CEREAL BREAKFAST SANDWICH FRUIT MILK | 8 CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGGS/CHEESE PANCAKES/SYRUP MILK | | |
| 9 CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG MINI CINNAMON ROLL MILK | 10 CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK | 11 CHOICE OF JUICE CHOICE OF CEREAL BACON BLUEBERRY CROISSANT BAKE MILK | 12 CHOICE OF JUICE CHOICE OF CEREAL EGG SAUSAGE TOAST MARGARINE/JELLY MILK | 13 CHOICE OF JUICE CHOICE OF CEREAL EGG TOAST MARGARINE/JELLY MILK | 14 CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGGS/CHEESE PASTRY MILK | 15 CHOICE OF JUICE CHOICE OF CEREAL FRUIT & YOGURT PARFAIT TOAST MARGARINE/JELLY MILK | | |
| 16 CHOICE OF JUICE CHOICE OF CEREAL EGG LUSCIOUS LEMON COFFEE CAKE MILK | 17 CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG W/ HAM RAISIN TOAST MARGARINE MILK | 18 CHOICE OF JUICE CHOICE OF CEREAL EGG HASHBROWNS TOAST MARGARINE/JELLY MILK | 19 CHOICE OF JUICE CHOICE OF CEREAL BACON PANCAKES/SYRUP MILK | 20 CHOICE OF JUICE CHOICE OF CEREAL LITTLE SMOKIES TOAST MARGARINE/JELLY MILK | 21 CHOICE OF JUICE CHOICE OF CEREAL BREAKFAST SANDWICH MILK | 22 CHOICE OF JUICE CHOICE OF CEREAL BACON TOAST MARGARINE/JELLY MILK | | |
| 23 CHOICE OF JUICE CHOICE OF CEREAL EGG FROSTED CHOCOLATE DONUT MILK | 24 CHOICE OF JUICE CHOICE OF CEREAL EGG BACON TOAST MARGARINE/JELLY MILK | 25 CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK | 26 CHOICE OF JUICE CHOICE OF CEREAL STREUSEL COFFEE CAKE FRUIT & YOGURT PARFAIT MILK | 27 CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE FRENCH TOAST / SYRUP MILK | 28 CHOICE OF JUICE CHOICE OF CEREAL EGG LITTLE SMOKIES TOAST MARGARINE/JELLY MILK | 29 CHOICE OF JUICE CHOICE OF CEREAL EGG BACON TOAST FRUIT MARGARINE/JELLY MILK | | |
| 30 | 31 | | | | | | | |

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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| 2 CHICKEN KIEV FRIED ONION MASHED POTATOES ROASTED BROCCOLI & CARROTS ROLL/MARG LEMON CHEESECAKE MILK | 3 PEPPER STEAK OVER RICE BREADSTICK BANANA BERRY CUP CHOCOLATE CHIP COOKIE MILK | 4 GRILLED REUBEN SANDWICH TATER TOTS GARDEN FRESH CUKE/ONION SALAD SUMMER FRUIT CRISP MILK | 5 BBQ STYLE RIBS HASHBROWN CASSEROLE GREEN BEANS W/ BACON CORNBREAD MARGARINE ANGEL FOOD CAKE W/ FRUIT SAUCE MILK | 6 CREAMY SWISS STEAK MASHED POTATOES BROWN GRAVY PEAS W/ PEARL ONIONS BREAD/MARG FRESH FRUIT MILK | 7 BATTERED FISH & CHIPS COLESLAW BREAD/MARG ORANGE MARMALADE BARS MILK | 8 ITALIAN SPAGHETTI/MEATS SAUCE VEGETABLE BLEND GARLIC BREAD FROSTED CAKE MILK |
| 9 TENDER PORK ROAST MASHED POTATOES PORK GRAVY CAPRI BLEND VEGS ROLL/MARG STRAWBERRY RHUBARB PIE MILK | 10 STEAK SAND W/ GRILLED ONIONS SEASONED POTATO WEDGES BROCCOLI CRAISIN SALAD FROSTED ORANGE GELATIN DESSERT MILK | 11 FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY COUNTRY TRIO VEGS BREAD/MARG FRESH FRUIT MILK | 12 ITALIAN CANNELLONI W/ SAUCE TOSS SALAD/DRESSING GARLIC BREAD PEACH COBBLER BAR MILK | 13 GLAZED HAM BALLS BAKED SWEET POTATO W/ MARG & BROWN SUGAR BACON CAULIFLOWER SALAD BREAD/MARG RASPBERRY CAKE MILK | 14 CATCH OF THE DAY TARTAR SAUCE FRIED POTATOES & ONIONS CRUNCHY COLESLAW BREAD/MARG BANANA BLONDIE/BR SUGAR ICING MILK | 15  National Pizza Day Pizza Hut Pizza Salad Bar Dessert |
| 16 BEEF POT ROAST BROWN GRAVY ROASTED POTATOES/CARROTS/ONION ROLL/MARG PIE MILK | 17 BAKED GARLIC PARMESAN CHICKEN ROTINI PASTA/MARINA SAUCE PEAS W/ PEARL ONIONS GARLIC BREAD SMORES COOKIE BARS MILK | 18 SAUCY ORANGE PORK FILLET BUTTER & HERB RICE SEASONED GREEN BEANS BREAD/MARG SHERBET MILK | 19 COUNTRY FRIED STEAK MASHED POTATOES CREAM GRAVY CHUCKWAGON CORN BREAD/MARG FRUITED GELATIN MILK | 20 GRILLED MARINATED CHICKEN TORTELLINI VEGETABLE SALAD HICKORY BAKED BEANS BREAD/MARG FRESH FRUIT MILK | 21 CRUMB TOP FISH FILLET TARTAR SAUCE BAKED POTATO/MARG SOUR CREAM ASPARAGUS W/ HOLLANDAISE SAUCE BREAD/MARG STARBURST POKE CAKE MILK | 22 HEARTY CHILI COTTAGE CHEESE FRUIT SALAD CORN BREAD/MARGARINE MINI ICE CREAM DRUMSTICK MILK |
| 23 CITRUS GLAZED HAM SWEET POTATOES BRUSSELS SPROUTS ROLL/MARG PIE MILK | 24 ROASTED CHICKEN PARSLEY MASHED POTATOES CHICKEN GRAVY BROCCOLI CASSEROLE BREAD/MARG MELON CUBES MILK | 25 ZESTY LASAGNA SEASONED GREEN BEANS GARLIC BREAD OLD FASHIONED BROWNIE MILK | 26 HOT BEEF SUNDAE LEMON GLAZED CARROTS BREAD/MARG CLASSIC STRAWBERRY SHORTCAKE MILK | 27 SPICE RUBBED PORK SCALLOPED POTATOES CAPRI BLEND VEGS BREAD/MARG BANANA SPLIT DESSERT MILK | 28 BUTTERY HERBED COD ROASTED POTATO MEDLEY STEAMED CABBAGE BREAD/MARG ICE CREAM SUNDAE MILK | 29 COWBOY MEATLOAF CASSEROLE COUNTRY TRIO VEGS BREAD/MARG FRUITED GELATIN DESSERT MILK |
| 30 | 31 | | | | | |

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|---|--|--|---|
| 2 PIZZA SLICE TOSS SALAD/DRESSING BREADSTICK MANDARIN ORANGES MILK | 3 FISH W/ CHEESE ON BUN TARTAR SAUCE SEASONED POTATO WEDGES CORN SALAD CHILLED PEARS MILK | 4 TURKEY ROTINI BAKE PICKLED BEETS BREAD/MARG FRESH FRUIT MILK | 5 HOMEMADE VEGETABLE BEEF SOUP COTTAGE CHEESE FRUIT PLATE CRACKERS CHEESE BISCUIT PUDDING MILK | 6 CHICKEN DIVAN CASSEROLE STRAWBERRY SPINACH SALAD BREAD/MARG ICE CREAM MILK | 7 HOT DOG ON BUN RANCH PASTA SALAD POTATO CHIPS LEMON PAPPLE GELATIN DESSERT MILK | 8 POTATO SOUP CHICKEN SALAD ON TOMATO SLICES CRACKERS HOT ROLL/MARG CHILLED FRUIT COOKIE MILK |
| 9 FRESH COBB SALAD CRISP GREENS W/ CHICKEN, BACON AND TOMATOES SALAD DRESSING CHOCOLATE BANANA MUFFIN MARGARINE CRACKERS SUMMER CITRUS FRUIT CUP MILK | 10 CRUNCHY TUNA NOODLE CASSEROLE CARROTS BREAD/MARG CHILLED FRUIT MILK | 11 TOMATO SOUP GRILLED CHEESE SANDWICH CREAMY CUCUMBER SALAD CRACKERS CHILLED PEARS MILK | 12 Chili Cook Off  Chili Cinnamon Rolls Dessert | 13 TACO SALAD FIESTA CORN MUFFIN MARGARINE CINNAMON FRUIT CRISP MILK | 14 BBQ CHICKEN STRIPS CHEDDAR CHEESE MUNCHERS MANDARIN SPINACH SALAD BREAD/MARG PUDDING MILK | 15 DELI SANDWICH POTATO CHIPS BANANA HALF ICE CREAM MILK |
| 16 CRISPY PIZZA BURGER ON BUN CAESAR SALAD FRESH FRUIT MILK | 17 CHEFS SALAD SALAD DRESSING CRACKERS BLUEBERRY BISCUIT MARGARINE CHILLED PEACHES MILK | 18 BLT SANDWICH DEVILED EGGS SEASONED POTATO WEDGES SEASONAL FRESH FRUIT CHOCOLATEY NO BAKE COOKIE MILK | 19 CHEESY SPAGHETTI BAKE TOSS SALAD/DRESSING GARLIC BREAD BERRY CUP MILK | 20 SCALLOPED POTATOES & HAM SEASONAL VEGETABLE BLEND BREAD/MARG PINEAPPLE PRETZEL DESSERT MILK | 21 SUMMER CORN CHOWDER SAVORY TURKEY SANDWICH PICKLE SPEAR CRACKERS GRAPE APPLE SAUCE MILK | 22 BRATWURST / BUN SAUERKRAUT POTATO CHIPS PICKLED BEETS FRESH FRUIT MILK |
| 23 GARDEN VEGETABLE SOUP TURKEY CLUB SANDWICH POTATO CHIPS CRACKERS MARSHMALLOW FRUIT CUP MILK | 24 CREAMY TUNA PASTA SALAD TOMATO GRATIN BREADSTICK SHERBET MILK | 25 TASTY EGG SALAD ON CROISSANT LETTUCE/TOMATO PICKLE SPEAR CHEDDAR CHEESE MUNCHERS CHILLED FRUIT MILK | 26 CHICKEN FAJITA SALAD W/ SOUTHWEST RANCH DRESSING TORTILLA CHIPS MINI CINN ROLL W/SWEET DRIZZLE FRESH FRUIT MILK | 27 HAMBURGER STROGANOFF CASSEROLE BACON TOMATO CUCUMBER SALAD BREAD/MARG CHILLED PEACHES MILK | 28 CHEESEBURGER ON BUN LETTUCE/TOM/PICKLES/ONION POTATO SALAD BAKED BEANS COOKIE MILK | 29 CHICKEN WILD RICE SOUP CRACKERS COLD CUT SANDWICH LETTUCE/TOMATO/ONION SEASONAL FRESH FRUIT MILK |
| 30 | 31 | | | | | |